



Elizabethton Parks and Recreation Department

Adult Coed Kickball Meeting 8/19/10

6:30pm

- I. League Information
 - A. Rules

All players must be at least 16 years old
 - B. Officials
 - C. Dates to Remember

8/27/10 Entry Fee Deadline

9/7/10 Start Date

- II. All games will be played @ The Women's Softball Field on Tuesdays & Thursdays.

- III. Bad Weather
 - A. In the event of bad weather call our office at 547-6440 after 12:00pm
Visit our web site for standings, stats @ eprsports.com



Kickball Rules

1. A team consists of 12-15 players. A minimum of 6 is needed to start and continue a game. Of the up to 9 (10 with catcher) players in the field, at least 3 must be women. If a team is short, they may invite as many as two substitutions from other teams in the league. **You must be on a league roster to be allowed to play.**
2. Games are 7 innings or 45 minutes.
3. The batter is out in situations similar to softball (force outs, pop outs, etc.). **In addition, the defensive team can achieve an out by hitting a running player below the shoulders with the kickball.** A hit above the shoulders will result in an extra base being awarded to the base runner. Umps have discretion on calls above/below the shoulders.
Four foul balls is also an out.
4. The ball is put into play when the pitcher rolls the ball toward home plate and the batter attempts to kick the ball. The batter must wait for the ball to be within one foot of home plate before kicking the ball. If the batter does not like the pitch, he/she should not attempt to kick it, and another pitch will be thrown. There are no strikeouts or walks.
Four foul balls will result in an out.
5. A runner who leaves the base before the pitch crosses home plate or is kicked is out and the ball is dead. **Leading off and stealing bases between pitches is not allowed. Once the pitcher has the ball, base runners may not advance. Pitchers are not required to call "Time."**

6. In order to prevent injury and protect defensive players, any base runners who deliberately and with great force crash into a defensive player holding the ball waiting to apply a tag will be called out. If the act is determined to be flagrant, the offender shall also be ejected. Defensive players should also realize the risk of blocking the bag and avoid doing so as this is a social league.

7. **Any overthrown ball will result in a ONE base advance for base runners. No more than one base.**

8. All players present will bat, even if they are not playing a field position. No more than **3 male players may bat in a row**. If a team is short on women players, that team will take an automatic out in the place of the players who are missing. A minimum of 4 women must be in the batting line up. (a minimum of 3 women must play the field.)

9. Shoes must be worn by all players. NO metal cleats, or flip flops are allowed.

10. Forfeit time has been established as game time, teams should report to the fields a minimum of 15 minutes before the scheduled starting time of the game.

11. The captain or team representative must determine the batting order prior to the start of the game.

12. Any player can play any position defensively.

13. There will be no infield fly rule.

14. **Bunting is only permitted by female players.** Male players are not permitted to bunt. Bunting by a male player will be called automatically if the ball fails to make it to 1st or 3rd base down the lines, or the pitchers mound down the middle, before the runner reaches base. If a fielder touches the ball before this, the ball is considered live & the play will stand.

15. Injured runner: If an accident to a batter/base runner prevents him/her from proceeding in the game, a substitute batter or runner will be permitted. If no substitutes are available, the player who made the last out will bat/run.

16. Mercy rule: If a team is behind by more than 20 runs after the 4th inning of play, then the game will be called by the officials and the team ahead will be granted the win. There is a 7 run limit to each inning.

17. A player may overrun 1st base after kicking.

18. A ball is fair if it lands on the ground before crossing over the bags at 1st and 3rd base.

19. When pitching, the ball must not be spun or bounced.

20. There are no tag ups on foul balls.

21. With the exceptions listed on this rule sheet, ASA softball rules will apply.

22. Kickball will be provided on site.

23 – Any act of aggression. Physical contact between players, attempting to cause a fight, approaching staff or other players in an aggressive manner, or anything else deemed to be leading to an altercation. Offending players will be ejected immediately, receive a season ban, and must pay a \$75.00 fine before being reinstated next year. This penalty carries over to all Parks & Recreation Leagues

ELIZABETHTON PARKS & RECREATION DEPARTMENT

LEAGUE ROSTER

TEAM _____ DATE _____

LEAGUE _____ COACH _____ PHONE _____

I, the undersigned, wish to participate in the Park and Recreation Sports Programs of the City of Elizabethton, Tennessee and do hereby release the City of Elizabethton, Tennessee, the Park and Recreation Department, its supervisors, agents, servants, and employees and all persons involved with the sports programs from any and all responsibility for any injury or other loss or damage which I may sustain, while participating in any sports program sponsored by the Parks and Recreation Department or any activity sponsored by the Parks and Recreation Department. I further agree that I will never, individually, institute any action at law or in equity against the City of Elizabethton, its agents, servants or employees, on account of any injury or other loss or damage sustained or that may be sustained by me and I hereby expressly agree to indemnify the City of Elizabethton, its agents, servants, and employees, against loss form any and all claims, demands, or actions that may hereafter be brought by anyone in my behalf arising out of my participation in the activities of the Park and Recreation Department of the City of Elizabethton, Tennessee.

Player's Printed Name

Player's Signature

Phone

1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____
13. _____	_____	_____
14. _____	_____	_____
15. _____	_____	_____

**Please make copies and
provide one for each player
on your team.**

**Each team must turn in an
Athletic Waiver for each
player on the team.**

**Anyone not filing a waiver
will not be illegible to play in
any Parks & Rec. League.**

Elizabethton Parks & Recreation

Athletic League Waiver and Release

The Participant does hereby, permanently and completely, waive and release any and all claims and causes of action for personal injuries or property damage which Participant might have or hereafter acquire against The City of Elizabethton arising as a result of participation in athletic events.

Participant shall not hold The City of Elizabethton responsible for the condition of any altered property, the condition of equipment, the conduct of participants, coaches, officials, spectators or any other cause which might give rise to injury or damage to Participant.

Participant acknowledges that League activities may be physically hazardous and voluntarily assumes the risk of such injury or death.

If participant is a minor or under legal disability, this Waiver and Release is executed on behalf of Participant by Participant's custodial parent or legal guardian.

Witness my hand this _____ day of _____, 2010.

(Participant Name)

(Name of Team)

(Participant Signature)

Participant's Custodial Parent/Legal Guardian)

(Witness)